WEEKLY TIMETABLE OF ACTIVITIES

Spring 2015

Information correct on 26 May 2015

Please call the Al-Hasaniya office on 0208 969 2292 for more information and to check availability, especially to book a place on the Sewing and Jewellery making classes.



DAY	TIME	ACTIVITIES	INFORMATION
Monday	10.00am to 1.00pm	Monday Morning Cafe Club RBKC residents only (Mental Health)	Available
	1.00pm to 2.30pm	Film Club followed by discussion RBKC residents only (Older People's Project)	First Monday of each month
Tuesday	10.00am to 12.00pm	ESOL- English For Speakers of Other Languages (Free Crèche)	Available
	12.30pm to 1.30pm	Yoga Exercise Session RBKC residents only	Available
	1.30pm to 2.30pm	Extra ESOL Support	Available
Wednesday	10.00am to 12.00pm	Legal Advice Consultation (delivered by Hayes Solicitor)	Every fortnight Call to book
	12.00pm to 2.00pm	Inspire Well Woman Project RBKC residents only (Gardening Programme)	6 week programme starting 22 April 2015
Thursday	10.30am to 12.30pm	Fortnightly Jewellery making classes RBKC residents only	Starting 23 April 2015
	10.30am to 12.30pm	Fortnightly Sewing Classes RBKC residents only	Starting 30 April 2015
	1.30pm to 3.00pm	ESOL English For Speakers of Other Languages	Available
Friday	10.00am to 12.00pm	Weekly Drop-in	Available
	10.00am to 12.00pm	Weekly Into Work Programme (facilitated by Clement James Centre)	Available
	10.00pm to 12.00pm	Legal Advice Consultation (delivered by TolTops Solicitors)	Every fortnight Call to book
	10.00pm to 12.00pm	Legal Advice Consultation (delivered by Thomas Bingham Chambers Barristers)	Every fortnight Call to book
	1.00pm to 3.30pm	Elderly Project Luncheon Club RBKC residents only (over 55s only)	Available
	5.00pm to 7.00pm	Young Women's Social Club	Available